



DOLPHIN SWIMMING CLUB

Annual Minnows Gala 2018

(License Pending)

UNDER SWIM IRELAND & F.I.N.A RULES

Venue : Mayfield Sports Complex, Cork

Dates : 9th & 10th June





DOLPHIN MINNOWS 2018

INTRODUCTION

The Dolphin Minnows Gala is targeted at the youngest and least experienced swimmers, in the first few years of their swimming careers. The ethos of the gala is about fun, inclusion and enjoyment, giving the children the chance to learn gala etiquette in a relaxed environment.

Swimmers who have achieved ANY divisional times for this season are not permitted to enter the gala and we have applied strict cut-off times for every event that should ensure the competition is weighted heavily towards less experienced swimmers. Additionally, we will apply speeding tickets at the heats stage, which will reward swimmers who have improved significantly with the cherished 'speeding ticket award' while ensuring that finals are competitive and open races with opportunities for swimmers who may not have experienced podium finishes previously.

A new set of 25m events have been added for the very youngest swimmers. These events will start in the shallow end of the pool and will only be for swimmers not competing in the longer events.

In addition, we hope to encourage the fun side with the inclusion of a coaches race, along with the return of the popular 'Future Stars Relays' that allows relay team entry for swimmers who haven't had the chance to experience the excitement of a relay before.

Dolphin extend our welcome to a wide selection of clubs, from across the country and hope to see you soon for what is sure to be a fun couple of days in Cork City.

MEET INFORMATION

DATES:

Saturday 9th June – 11am Start

Sunday 10th June – 10am Start

Gala to be Finished by 4:30pm on Sunday

VENUE:

Mayfield Sports Complex, Old Youghal Road, Cork - T23 NX51

AGE GROUPS:

7-9, 10, 11, 12/13

Age is as on the 31st. December 2018.

Where numbers permit, one final will be held in each age group, except for relays which will be Heat Declared Winners. Medals will be awarded at all Age Groups for both boys and girls. If there are not three swimmers from each age group in these finals, medals will be awarded from the heats. Any swimmers swimming faster than the cut-off times will be awarded a speeding ticket and subsequently excluded from the final of that event.



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CUT-OFF TIMES AND RESTRICTIONS:

The times included in this information pack are strict cut-off times i.e. **Swimmers who have achieved times FASTER than those stated will be ineligible for entry into the event.**

Swimmers who have achieved any Division 1 or Division 2 qualification times are not permitted to swim in this gala

Swimmers must be able to swim in a minimum of 2 individual events to compete in the gala

Only swimmers without existing licensed times at 50m may enter the 25m events

Swimmers entering a 25m event are not permitted to enter the equivalent 50m event

Swimmers aged 7-9 may swim up in Individual Medley events ONLY

Swimmers achieving a time faster than the event cut-off time in a heat will be awarded a speeding ticket and will not be eligible for entry into the final.

The number of heats may be limited to allow sessions to finish on schedule.

EVENTS:

Individual:

25m Freestyle, Backstroke, Breaststroke & Butterfly for 7-9 year-olds ONLY

50m Freestyle, Backstroke, Breaststroke & Butterfly in all age groups

100m Individual Medley in 10, 11, 12/13 age groups only

Relays:

Girls 7-9, 10, 11, 12/13 4x50 Frontcrawl and 4x50 Medley

Boys 7-9, 10, 11, 12/13 4x50 Frontcrawl and 4x50 Medley

4 x Future Stars 4x50 Medley

Swimmers may swim in ONE age group ONLY in relay events.

Only swimmers competing in individual events may compete on relays.

All relays are HDW.

Future Stars Relays should be made up of swimmers who have not competed in an individual final or club relay and will be nominated on the day

SESSION TIMES:

Session 1	Saturday 9 th June	Warm-up	10.00am
		Start	11.00am
Session 2		Warm-up	1:45 pm



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		Start	2.30pm.
Session 3	Sunday 8 th . October	Warm- up	9.00 am
		Start	10:00 am
Session 4		Warm-up	12:45pm
		Start	1:30pm

N.B. The number of heats will be limited to allow sessions to finish on schedule.

WARM UPS:

The warm up for the first session on Saturday will commence at 10.00am and Sunday at 9.00am.

Second session warm ups each day will commence 45 minutes prior to the start of the session and will finish 5 minutes prior to the start of the following session.

The first event for each session determines whose warm up is first.

A coach or Team Manager must be present at all times while their club swimmers are in the pool

AWARDS :

Speeding Tickets

Speeding tickets will be awarded to any swimmer with a time faster than the cut-off time in an event heat. Speeding tickets will not be awarded in finals and all swimmers in a final are eligible for a medal.

Medals

Swimmers placing 1st, 2nd and 3rd in each age group final will be awarded a medal

All members of relay teams placing 1st, 2nd and 3rd will be awarded a medal

All members of the canon teams placing 1st, 2nd and 3rd will be awarded a medal

Wristbands

All individual finalists placing outside the top 3 will receive a Dolphin Minnows wristband

All swimmers in the Future Stars Relay will be awarded with a wristband for participating

Overall Awards

An award will be presented at each age group for the Best Individual Swimmer for both male and female

SCRATCH SHEETS :

All sheets for the First Session **MUST** be posted at least 45 minutes prior to the start of the session.

Scratch sheets for subsequent sessions must be posted 45 minutes after the start of the previous session.

Failure to post sheets will result in the club being withdrawn from the entire meet.



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STARTS:

Swimmers will be permitted to start from the blocks, from the deck or in the pool

Overhead starts will apply throughout the heats

25m swims will start in the pool, at the shallow end (no dives permitted)

TIMING:

Electronic timing equipment will be utilised, however touch pads will not be in operation

Manual stop buttons, along with backup stopwatches will be used for all events

ENTRIES:

Hy-Tek entries to patdonovan02@gmail.com

Any entries not submitted over HyTek should be sent to

Pat Donovan,
22 Springfield Est.,
Mayfield,
Cork.

Closing date for entries is Friday 25th of May. Please note that this date must be adhered to in order that we can plan the number of heats in each event so that sessions finish as scheduled.

ENTRY FEES:

25m events €2.50 each

Individual 50m and 100m events €5.00 each

Relay events €15.00 each

Payments by bank transfer to

Dolphin Swimming Club
IBAN: IE24BOFI90268823044110
BIC: BOFIE2D
Sort Code: 902688
Account: 23044110

Any payments not made by bank transfer should be made by cheque to "Dolphin Swimming Club" and mailed to the following address, arriving prior to the gala date

Pat Donovan,
22 Springfield Est.,
Mayfield,
Cork.

In the event of time constraints, DSC may reduce the number of heats per session. This will be done by eliminating the slower heats. Refunds will be sent to clubs whose swimmers do not swim in an event.



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Clubs will be notified one week prior to the competition of any swimmers whose entries have not been accepted.

Data Protection:

Dolphin Swimming Club uses a computer to manage entries and results. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act, to the holding of personal information on computer. Personal data such as name, age, club, entered/achieved times may be made public prior to, during or after the meet (e.g. programs, results, Meet Mobile, etc).



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ORDER OF EVENTS

	Session 1		Session 3
	Saturday 11.00 am		Sunday 10.00 am
1.	Boys 7-9 50m Freestyle	33.	Boys 7-9 25m Backstroke
2.	Girls 7-9 50m Freestyle	34.	Girls 7-9 25m Backstroke
3.	Boys 10 50m Backstroke	35.	Boys 11 50m Freestyle
4.	Girls 10 50m Backstroke	36.	Girls 11 50m Freestyle
5.	Boys 11 50m Breaststroke	37.	Boys 12/13 50m Backstroke
6.	Girls 11 50m Breaststroke	38.	Girls 12/13 50m Backstroke
7.	Boys 12/13 50m Butterfly	39.	Boys 7-9 50m Breaststroke
8.	Girls 12/13 50m Butterfly	40.	Girls 7-9 50m Breaststroke
9.	Boys 7-9 25m Butterfly	41.	Boys 10 50m Butterfly
10.	Girls 7-9 25m Butterfly	42.	Girls 10 50m Butterfly
11.	Boys 10 100m Ind. Medley	43.	Boys 12/13 100m Ind. Medley
12.	Girls 10 100m Ind. Medley	44.	Girls 12/13 100m Ind. Medley

Future Stars Relay 1

Coaches Race

Finals (Inc. Relays)

Final 1. Boys 7-9 50m Freestyle

Final 2. Girls 7-9 50m Freestyle

Final 3. Boys 10 50m Backstroke

Presentations of 7-9 50m Freestyle

Final 4. Girls 10 50m Backstroke

Final 5. Boys 11 50m Breaststroke

Final 6. Girls 11 50m Breaststroke

Presentations of 10 50m Backstroke

Final 7. Boys 12 50m Butterfly

Final 8. Girls 12 50m Butterfly

Presentations of 11 50m Breaststroke

Final 9. Boys 7-9 25m Butterfly

Final 10. Girls 7-9 25m Butterfly

Presentations of 12/13 50m Butterfly

Final 11. Boys 10 100m Ind. Medley

Final 12. Girls 10 100m Ind. Medley

Presentations of 7-9 50m Butterfly

Final 13. Boys 7-9 4x50m Medley Relay

Final 14. Girls 7-9 4x50m Medley Relay

Presentations of 100m Ind. Medley

Final 15. Boys 11 4x50m Freestyle Relay

Final 16. Girls 11 4x50m Freestyle Relay

Presentations of 7-9 4x50m Medley Relay

Presentations of 11 4x50m Medley Relay

Future Stars Relay 3

Finals (Inc. Relays)

Final 33. Boys 7-9 25m Backstroke

Final 34. Girls 7-9 25m Backstroke

Final 35. Boys 11 50m Freestyle

Presentations of 7-9 25m Backstroke

Final 36. Girls 11 50m Freestyle

Final 37. Boys 12/13 50m Backstroke

Final 38. Girls 12/13 50m Backstroke

Presentations of 11 50m Freestyle

Final 39. Boys 7-9 50m Breaststroke

Final 40. Girls 7-9 50m Breaststroke

Presentations of 12/13 50m Backstroke

Final 41. Boys 10 50m Butterfly

Final 42. Girls 10 50m Butterfly

Presentations of 7-9 50m Breaststroke

Final 43. Boys 12 100m Ind. Medley

Final 44. Girls 12 100m Ind. Medley

Presentations of 10 50m Butterfly

Final 45. Boys 11 4x50m Medley Relay

Final 46. Girls 11 4x50m Medley Relay

Presentations of 100m Ind. Medley

Final 47. Boys 7-9 4x50m Freestyle Relay

Final 48. Boys 7-9 4x50m Freestyle Relay

Presentations of 11 4x50m Medley Relay

Presentations of 7-9 4x50m Freestyle Relay



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	Session 2		Session 4
	Saturday 2.30pm		Sunday 1.30 pm
17.	Boys 7-9 25m Breaststroke	49.	Boys 12/13 50m Breaststroke
18.	Girls 7-9 25m Breaststroke	50.	Girls 12/13 50m Breaststroke
19.	Boys 10 50m Breaststroke	51.	Boys 7-9 50m Butterfly
20.	Girls 10 50m Breaststroke	52.	Girls 7-9 50m Butterfly
21.	Boys 11 50m Butterfly	53.	Boys 10 50m Freestyle
22.	Girls 11 50m Butterfly	54.	Girls 10 50m Freestyle
23.	Boys 12/13 50m Freestyle	55.	Boys 11 50m Backstroke
24.	Girls 12/13 50m Freestyle	56.	Girls 11 50m Backstroke
25.	Boys 7-9 50m Backstroke	57.	Boys 7-9 25m Freestyle
26.	Girls 7-9 50m Backstroke	58.	Girls 7-9 25m Freestyle
27.	Boys 11 100m Ind. Medley		
28.	Girls 11 100m Ind. Medley		

Future Stars Relay 2

Future Stars Relay 4

Finals (Inc. Relays)

Final 17. Boys 7-9 25m Breaststroke

Final 18. Girls 7-9 25m Breaststroke

Final 19. Boys 10 50m Breaststroke

Presentations of 7-9 25m Breaststroke

Final 20. Girls 10 50m Breaststroke

Final 21. Boys 11 50m Butterfly

Final 22. Girls 11 50m Butterfly

Presentations of 10 50m Breaststroke

Final 23. Boys 12/13 50m Freestyle

Final 24. Girls 12/13 50m Freestyle

Presentations of 11 50m Butterfly

Final 25. Boys 7-9 50m Backstroke

Final 26. Girls 7-9 50m Backstroke

Presentations of 12/13 50m Freestyle

Final 27. Boys 11 100m Ind. Medley

Final 28. Girls 11 100m Ind. Medley

Presentations of 7-9 50m Backstroke

Final 29. Boys 10 4x50m Medley Relay

Final 30. Girls 10 4x50m Medley Relay

Presentations of 11 100m Ind. Medley

Final 31. Boys 12/13 4x50m Freestyle Relay

Final 32. Girls 12/13 4x50m Freestyle Relay

Presentations of 10 4x50m Medley Relay

Presentations of 12/13 4x50m Freestyle Relay

Finals (Inc. Relays)

Final 49. Boys 12/13 50m Breaststroke

Final 50. Girls 12/13 50m Breaststroke

Final 51. Boys 7-9 50m Butterfly

Presentations of 12/13 50m Breaststroke

Final 52. Girls 7-9 50m Butterfly

Final 53. Boys 10 50m Freestyle

Final 54. Girls 10 50m Freestyle

Presentations of 7-9 50m Butterfly

Final 55. Boys 11 50m Backstroke

Final 56. Girls 11 50m Backstroke

Presentations of 10 50m Freestyle

Final 57. Boys 7-9 25m Freestyle

Final 58. Girls 7-9 25m Freestyle

Presentations of 11 50m Backstroke

Final 59. Boys 12/13 4x50m Medley Relay

Final 60. Girls 12/13 4x50m Medley Relay

Presentations of 7-9 25m Freestyle

Final 61. Boys 10 4x50m Freestyle Relay

Final 62. Girls 10 4x50m Freestyle Relay

Final 63. Canon Relay

(1 boy, 1 girl per age group)

Presentations of 10 4x50m Freestyle Relay

Presentations of Canon Relay



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CUT-OFF TIMES

BOYS	50 F/C	50 B/C	50 BRST	50 FLY	100 IM
7-9	43.00	46.00	51.00	48.00	-
10	40.00	43.00	48.00	45.00	1.33.00
11	38.00	41.00	46.00	43.00	1.30.00
12/13	36.00	39.00	44.00	41.00	1.27.00

GIRLS	50 F/C	50 B/C	50 BRST	50 FLY	100 IM
7-9	43.00	48.00	52.00	49.00	-
10	41.00	45.00	49.00	47.00	1.38.00
11	39.00	43.00	47.00	45.00	1.35.00
12/13	37.00	41.00	45.00	43.00	1.32.00



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ENTRY SUMMARY SHEET

RELAYS		Freestyle		Medley
Boys 7-9				
Girls 7-9				
Boys 10				
Girls 10				
Boys 11				
Girls 11				
Boys 12/13				
Girls 12/13				
Canon				

_____ 50m & 100m ENTRIES @ €5.00 per entry = €

_____ 25m ENTRIES @ €2.50 = €

_____ RELAY ENTRIES @ € 15.00 per entry = €

TOTAL = €

CLUB NAME _____

SECRETARY _____

ADDRESS _____

TEL. NO. _____

EMAIL _____



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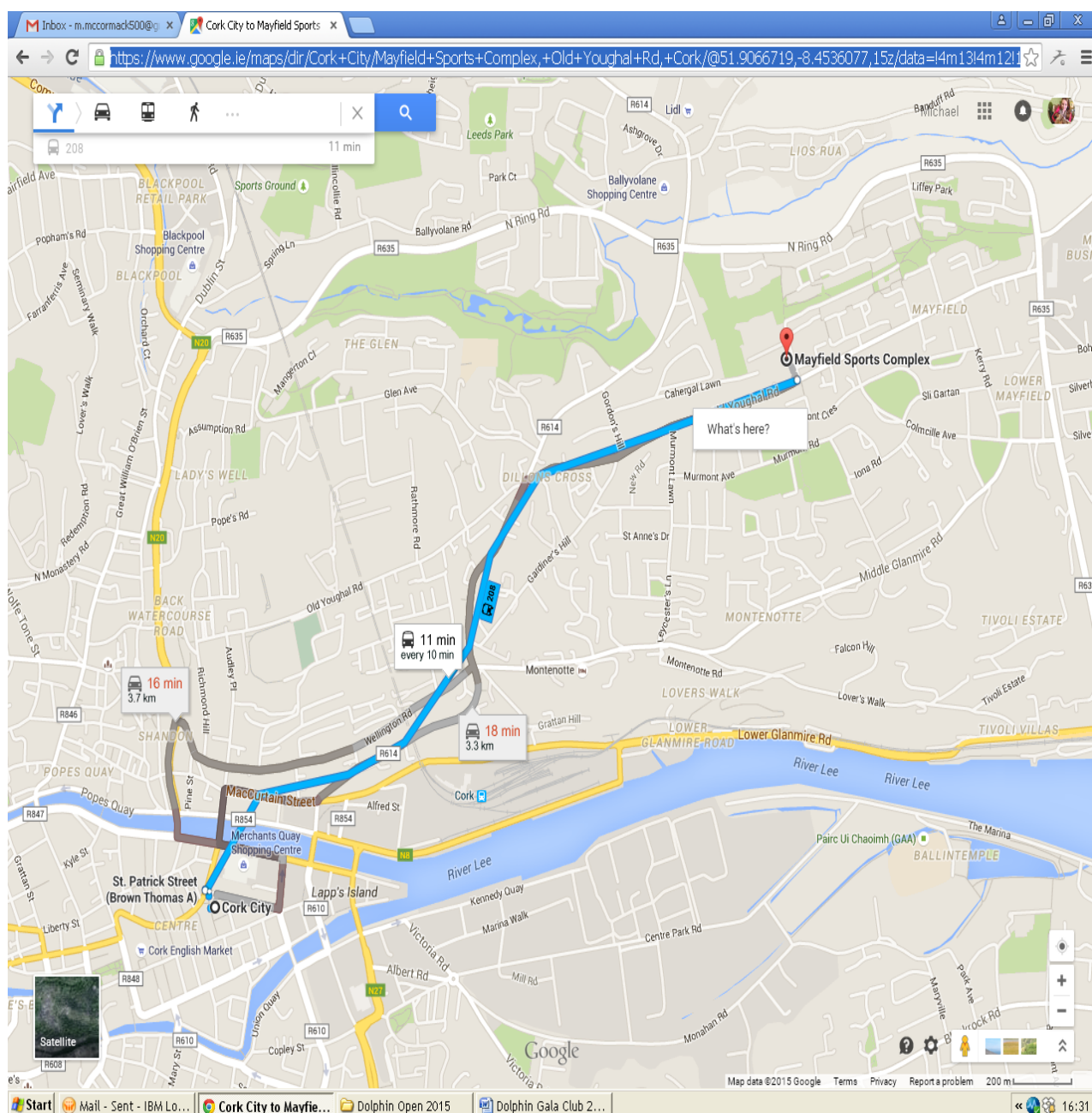
TRAVEL AND ACCOMMODATION

Directions to Mayfield Sports Complex from Cork City Centre.

Mayfield Sports Complex, Old Youghal Road, Cork - T23 NX51

www.MayfieldSportsComplex.ie

Tel: (021) 4505284



<https://www.google.com/maps/place/Mayfield+Sports+Complex>



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Recommended Hotels

Montenotte Hotel - <http://www.themontenottehotel.com>

Silver Springs - <https://www.claytonhotelsilversprings.com>

Vienna Woods - <http://www.viennawoodshotel.com>

Ambassador - <https://www.ambassadorhotel.ie/index.html>

Group Accommodation

<http://www.ucccampusaccommodation.com/>

<http://www.brookfieldvillage.ie/special-offers>

<http://www.sheilashostel.ie/>